



Advent Day 12 (written by Deb Bakken)

Wheat

Ruth 1:16-18

But Ruth replied, "Don't urge me to leave you or to turn back from you. Where you go I will go, and where you stay I will stay. Your people will be my people and your God my God. Where you die I will die, and there I will be buried. May the LORD deal with me, be it ever so severely, if anything but death separates you and me." When Naomi realized that Ruth was determined to go with her, she stopped urging her. (NIV 1984)

Nobody likes to feel hungry. Your stomach rolls, your body aches, and you feel very tired. In some places in the world, there is so little food that people become sick from their hunger and die. When this happens, it is called a famine.

Ruth and her family knew what it was like to feel hunger. They lived through a famine. But she also knew what it was like to be full—full of God's love. Her husband and his family took her from serving heathen gods and shared the Words of the True God with her. God used a hunger in her stomach to bring people who would help feed a hunger in her heart. Every child of God, everyone who believes in him, receives faith in the same way. Faith is the gift of God through the Word of God. The Word of God tells us that it is only Jesus who can pay the debt we owe because of our sins. Jesus is called the Bread of Life. Wheat is a good symbol to remind us of Ruth and of faith and of Jesus, the Bread of Life.

Prayer: Thank you God for including everyone in your promise. Help us to use your Word faithfully so that our faith may be fed with the Bread of Life. Amen.